



PHOTO: SUSAN GRIFFITH

On the Menu: Farm-Fresh Foods

For a taste of farm-to-fork, Case Western Reserve University students can grab a table at a campus dining hall and nosh on fresh salads or pizza seasoned with greens and basil grown at the university farm.

Each week, the Farm Food Program supplies 11 different products and up to 40 pounds of sustainably grown produce to campus dining halls. The initiative—under the direction of horticulturalist Chris Bond—is academic, with involvement from faculty and students in SAGES, the university's signature undergraduate seminar program; and experiential, with a cast of volunteers and interns who help grow and harvest crops.

"We have music majors, history majors, biology majors, and they all want to know how to produce food," says Ana Locci, PhD, a biologist and director of the farm. "Students are extremely conscious about eating healthy food, and they find it exciting to learn how food is grown." —KH

Setting Standards in Child Care

Recognized as one of the finest certification programs in the country, the English Nanny & Governess School has never had to advertise. In fact, the Chagrin Falls, Ohio, education and placement program has always had a waiting list of registered families awaiting a qualified nanny. Graduates have been placed with families around the globe, including Abu Dhabi's royal family.

Sheilagh Roth, a 1978 graduate of Western Reserve College, founded the school in 1980 on the Case Western Reserve campus with the help of faculty members from around the university.

"Demand has always been there for the trained, professional nanny," she says. "Parents don't want someone who puts a child in front of the TV all day."

But, especially in this time of economic woe when individuals can't find employment elsewhere, would-be nannies abound, and because there are no legal certification requirements for nannies, inexperienced caregivers flock to advertise their services.

As president of the American Council of Nanny Schools and a board member of the International Nanny Association, Roth has worked tirelessly to combat this trend.

"If someone paints nails, the government requires hours and hours of training," she says. "Yet, when it comes to rearing children, we have no standards." —LF



Creative Solutions for a Devastating Disease

The reason why Cleveland should be successful as a research hub for the neurodegenerative disorder Huntington's disease is simple: the expertise of the region's expansive biomedical community. But Alan Tartakoff, PhD, a Huntington's disease researcher at Case Western Reserve University's School of Medicine, says the city's established neuroscientists are just the beginning of the equation.

Tartakoff's hope is to build an inclusive research center to uncover new perspectives and fuel experimentation in preventive therapies for Huntington's. The workshop he coordinated this spring titled "The Need to Call upon Uncharted Strategies" was dedicated to uncovering new ideas.

"We want to restart with new approaches," he says. "Being inherited, Huntington's provides an unparalleled prototype for therapy development." —KH

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Student Wins Big on Game Shows

You won't find many college students sneaking in extra studying in their free time. But, then again, Drew Scheeler is no ordinary student.

The Case Western Reserve University sophomore is a game show veteran who appeared on *Jeopardy! Teen Tournament* two years ago—walking away with \$5,000—and was a \$25,000 winner on *Who Wants to Be a Millionaire* this spring.

Scheeler says he spent a month preparing for his appearance on *Millionaire*, blaring its familiar tension-building theme song while brushing up on trivia in between homework assignments.

The Sandusky, Ohio, native is studying accounting, economics and history at Case Western Reserve as he waits for the next big game show to come along.

After all, it's always good to have a backup plan. —LF



Nurse's Advice for New Parents

Choosing the right baby bottle can be overwhelming for new parents, says breastfeeding expert Donna Dowling, PhD, RN, of Case Western Reserve University's Frances Payne Bolton School of Nursing. To make the decision easier, she offers these tips.

Find a bottle that fits the baby's eating style.

Choose a simple system with fewer parts. It will be easier to clean and, usually, equally effective.

Give the baby a chance to adapt to a new bottle, as changes can be costly and frustrating for parents and the baby.

First try a slow or medium flow rate. If the baby is comfortable, stick with it.

Seek advice and referrals from other mothers and parenting websites.

Watch an interview with Dowling at case.edu/think. —ME